



Yorkshire Ambulance Service **NHS**
NHS Trust

First Aid Training

and other courses



COMMERCIAL TRAINING PROSPECTUS

Your first choice for first aid training

The Yorkshire Ambulance Service (YAS) Commercial Training department has provided first aid and other training services to the NHS, local community and many other organisations for over 15 years. We take the time to understand our clients' specific needs before providing you with a training package that is right for you.

We offer:

First Aid at Work

**Health & Safety
(HSE approved courses)**

Child & Baby First Aid

**Cardio-Pulmonary Resuscitation
(CPR)**

**Automated External
Defibrillation (AED)**

Safer Manual Handling

**Conflict Resolution and
Personal Safety**

and much more...

Five reasons why you should choose the Yorkshire Ambulance Service for your training needs

1

As you would expect, with our knowledge and experience we can offer your employees expert training from professional instructors, using the latest equipment and training aids.

2

All our courses are competitively priced with no hidden costs and include a first aid manual (for all first aid courses), course materials, refreshments and car parking.

3

We offer excellent training facilities in comfortable and welcoming training environments. We can also provide training tailored to your specific needs at your premises anywhere within Yorkshire and the Humber.

4

Our Commercial Training department re-invests any profits directly back into Yorkshire Ambulance Service NHS Trust to improve patient care.

5

We pride ourselves on being a professional and responsive ambulance service which provides high quality clinical care to best meet the needs of our patients.

4

First Aid at Work - Certificated Course (3 days)

Approved by the Health and Safety Executive and meets the requirements of the Health and Safety (First Aid) Regulations 1981 (revised 1990).

It is essential that every workplace has designated personnel who are trained in first aid techniques. The course provides expert tuition in first aid, along with theoretical knowledge. Students who pass the exam will receive a First Aid at Work Certificate which is valid for three years. Included are first aid books, wallet card and other course materials.

Topics include:

- Action in an Emergency
- Wounds and Bleeding
- The Respiratory System
- Bandaging and Dressings
- Unconsciousness
- Burns and Scalds
- Eye Injuries
- Cardio-Pulmonary Resuscitation (CPR)
- Poisoning
- Treatment of Shock
- Fractures
- Record-keeping.

First Aid at Work - Requalify (2 days)

This re-qualifying course is for students who have already completed the four-day course and have a certificate ready for renewal. It is essential that the first aider completes this re-qualifying course before their First Aid Certificate expires. Successful candidates will be issued with a new First Aid at Work certificate and wallet card.

Topics include:

- Action in an Emergency
- The Respiratory System
- Wounds and Bleeding
- Bandaging and Dressings
- Cardio-Pulmonary Resuscitation (CPR)
- Burns and Scalds
- Unconsciousness
- New Techniques/Procedures
- Fractures
- Heart Attack
- Poisoning.

Emergency First Aid at Work (1 day)

Approved by the Health and Safety Executive this new regulatory course is for prospective first aiders of low risk. Students who pass the exam will receive an Emergency First Aid at Work Certificate, which is valid for three years, and a wallet card.

Topics include:

- Action in an Emergency
- Casualty Care
- Unconsciousness
- Cardio-Pulmonary Resuscitation (CPR)
- Burns and Scalds
- Wounds and Bleeding
- Choking
- Treatment of Shock.

Child and Baby First Aid Course (2 days)

This certificated course is designed to comply with Ofsted regulations for people who work with babies and young children. The course will cover both theoretical and practical aspects of first aid.

Topics include:

- Respiratory Disorders
- Drowning, Choking, Asphyxia and Asthma
- Bleeding
- Shock
- Dressing Application
- Resuscitation for a Child/Baby
- Unconsciousness
- Head Injuries, Febrile Convulsions and Falls
- Fractures
- Burns and Scalds
- Poisoning
- Childhood Ailments
- Measles, Mumps and Chickenpox
- Rubella, Croup and Meningitis
- Whooping Cough.

Annual Training Refresher (Half day)

The HSE strongly recommends that first aiders undertake annual refresher training within any three-year certification period of First Aid at Work (FAW) or Emergency First Aid at Work (EFAW). This course provides the opportunity to update theoretical and practical skills in order to demonstrate continued competence.

Topics include:

- Action in an Emergency
- Casualty Care
- Unconsciousness
- Cardio-Pulmonary Resuscitation (CPR)
- Wounds and Bleeding
- Treatment of Shock.

FIRST AID NEEDS ASSESSMENT

YEAR 0

First Aid at Work (FAW)
(18 hours)
Certificate valid for 3 years

Emergency First Aid at Work (EFAW)
(6 hours)
Certificate valid for 3 years

YEAR 1

Basic Skills Update/Annual Refresher
(3 hours)

YEAR 2

Basic Skills Update/Annual Refresher
(3 hours)

YEAR 3

FAW Requalification
(12 hours)
Certificate valid for 3 years

EFAW Requalification
(6 hours - same course as year 0)
Certificate valid for 3 years

We also offer training in:

Safer Manual Handling

Moving and Handling People

**Personal Safety
(Conflict Resolution)**

**Automated External
Defibrillation (AED)**

Anaphylaxis Awareness

Oxygen Therapy

**Mental Health Awareness/
Mental Health Capacity Act**

**Cardio-Pulmonary Resuscitation
(CPR)**

Infection Control and Prevention

Fire Safety

Waste Management

Food Hygiene



USEFUL INFORMATION

Booking Details

Course:

Date:

Venue:

Notes:

Contact Us:

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