

YOUR CIRCULATORY SYSTEM

Your heart plays an important part in being healthy. It keeps all the blood in your circulatory system flowing. Blood helps oxygen get around your body. Oxygen is a gas that we breathe from the air around us, all plants and animals need oxygen to survive.

Your heart is really a muscle. It's located a little to the left of the middle of your chest, and it's about the size of your fist.

Percy Fact

Blood travels only one way around the body for around 10 miles every day!



Can you fill in the missing words?

Your heart is an amazing..... that pumps blood all around your body in tubes called blood vessels.

The heart pumps out blood through blood vessels called..... This blood contains oxygen and nutrients for your body to work.

When the nutrients and oxygen have been used, the blood returns to the heart in different blood vessels called

Muscle Veins Arteries

