YOUR BONES

Percy Fact

The longest bone in the human body is the thigh bone.

Inside our bones are living cells, these cells create a substance that makes them hard and strong.

This picture shows how our heart and lungs are protected by our ribs.

This picture shows you the inside of our bones. This is a thigh bone, the longest bone in our body!

The middle part of the bone is full of fatty tissue called marrow.

Can you fill in the missing words

Your bones are......on the outside but.....and spongy on the inside'. Choose the word '**soft**' or '**hard**'.