

NHS

Yorkshire
Ambulance Service
NHS Trust



Calendar 2023



DIVERSITY





Photo: Freepik.com



JANUARY 2023

M	T	W	T	F	S	S
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WORLD RELIGION DAY – 15 JANUARY 2023

The day aims to build awareness of different cultures and religions and promote mutual understanding and tolerance between people from different backgrounds. This is especially important at present, as hatred, racism and intolerance grow and cause issues, such as hate crimes and discrimination.

SOME KEY DATES

- 1 Jan:** New Year's Day
- 7 Jan:** Mahayana New Moon (Buddhist)
- 14 Jan** Maghi-Lohri Indian Festival
- 15 Jan:** World Religion Day
- 16 Jan:** Blue Monday
Martin Luther King Day
- 22 Jan:** Lunar New Year
World Leprosy Day
- 27 Jan:** Holocaust Memorial Day

Martin Luther King

Photo: Freepik.com





Photo: Freepik.com



LGBT HISTORY MONTH

LGBT History Month is an important event in the LGBT calendar. Visit our Pulse Campaigns page to find out more about [LGBT History Month 2022](#) and the actions YAS has taken, this includes:

- Reviewing policies to ensure they are inclusive and use gender neutral language
- Creating more inclusive workspaces with the addition of gender-neutral facilities
- Supporting our staff network [Pride@YAS](#)

Learn about our (LGBT) staff network and how you can get involved on [Pulse](#).

FEBRUARY 2023

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SOME KEY DATES

- 1-28 Feb:** LGBT History Month
- 1 Feb:** Chinese New Year
- 4 Feb:** World Cancer Day
- 1-7 Feb:** Tinnitus Awareness Week
- 7 Feb:** International Day of Zero Tolerance to Female Genital Mutilation
- 14 Feb:** Valentine's Day
- 15 Feb:** Magha Puja Day (Buddhist celebration – New Moon)
- 20 Feb:** Aromantic Spectrum Awareness Week
- 21 Feb:** Shrove Tuesday
- 22 Feb:** Ash Wednesday





Photo: Freepik.com



MARCH 2023

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SOME KEY DATES

- 1 Mar:** St David's Day
Zero Discrimination Day
- 6-12 Mar:** World Glaucoma Week
- 6 Mar:** Purim (Jewish holiday)
- 8 Mar:** International Women's Day
- 13 Mar:** Neurodiversity Celebration Week
- 17 Mar:** St Patrick's Day
- 19 Mar:** Mother's Day
- 21 Mar:** World Down's Syndrome Day
International Day for the Elimination of Racial Discrimination
- 22 Mar:** Ramadan begins
- 31 Mar:** International Transgender

INTERNATIONAL WOMEN'S DAY – 8 MARCH 2023

A global day celebrating the social, economic, cultural and political achievements of women.

Our Women and Allies' Network launched in 2022 and aims to provide a safe and supportive space for women, colleagues who identify as a woman and male allies, to come together to celebrate women in the workplace, and champion issues that only affect or disproportionately affect women in our Trust. Visit the network's page on Pulse to find out more.





Photo: Freepik.com



APRIL 2023

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SOME KEY DATES

- 2 Apr:** World Autism Awareness Day
- 5 Apr:** Passover begins (Jewish)
- 6 Apr:** Asexuality Day
- Theravada New Year (Buddhist)
- 7 Apr:** Good Friday (Christian)
- 9 Apr:** Easter Sunday (Christian)
- 10 Apr:** Easter Monday (Christian)
- 14 Apr:** Vaisakhi (Sikh Spring Festival)
- 21 Apr:** Ramadan ends
- Eid-al-Fitr (Muslim)
- 23 Apr:** St George's Day

LESBIAN VISIBILITY WEEK – 24-?? APRIL

This week aims to show our solidarity with every woman within the LGBTQI community, as well as celebrate lesbians. It is essential that Lesbian Visibility Week is a voice for unity and lifts up all women, especially those who come from marginalised communities.

Recent research (Pride Matters survey, conducted by Pride in London 2018) has shown that gay women are almost twice as unlikely to be out in the workplace as gay male colleagues.





DEAF AWARENESS WEEK – 1-7 MAY

Deaf Awareness Week
 This week reminds the public that deaf people have their own communities, cultures, languages, and sign languages, which unite them. Deaf Awareness Week also aims to bring attention to the isolation that deaf people can occasionally experience and heightens the importance of inclusion in the deaf community.

The Disability Support Network (DSN) at YAS gives staff a voice to improve understanding of disabilities, raise awareness

MAY 2023

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SOME KEY DATES

- 1-7 May:** Deaf Awareness Week
- 5 May:** Vesak – Buddha Day (Buddhist)
- 7 May:** International Family Equality Day
- 8 May:** Equality, Diversity and Human Rights Week (NHS)
 Mental Health Awareness Week
 Lag BaOmer (Jewish Holiday)
- 9 May:** World Lupus Day
- 17 May:** International Day Against Homophobia, Transphobia and Biphobia
- 18 May:** Shavuot Jewish Feast
- 19 May:** Global Accessibility





**WINDRUSH DAY –
 22 JUNE**

Many from British Commonwealth countries travelled to the UK between 1948 and 1947, encouraged by the 1948 British Nationality Act which granted citizenship to all in the British Empire. On arrival, people were often met with racism, lack of acknowledgement of their professional skills and different living conditions.

We mark Windrush day to celebrate British Caribbean communities and acknowledge the sacrifices and contributions the Windrush generation and

JUNE 2023

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SOME KEY DATES

- 1 June:** Gypsy Roma Traveller History Month
- Pride season begins (June, July, August)
- 12-18 June:** Men's Health Week
- 18 June:** Father's Day
- Autistic Pride Day
- 19-25 June:** Learning Disability Week
- 20 June:** World Refugee Day
- 21 June:** World Humanist Day
- 22 June:** Windrush Day
- 24 June:** Armed Forces Day
- 26 June:** The Hajj begins (Muslim pilgrimage)





Photo: Freepik.com



SOUTH ASIAN HERITAGE MONTH

This month seeks to raise the profile of British South Asian heritage and history in the UK through education, arts, culture and commemoration, with the goal of helping people to better understand the diversity of present-day Britain and improve social cohesion across the country.

JULY 2023

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SOME KEY DATES

- 3 July:** Asala - Dharma Day
- 6 July:** Omnisexual Visibility Day
- 14 July:** International Non-Binary Day
- 16 July:** Disability Awareness Day
- 18 July:** Nelson Mandela Day
South Asian History Month
- 19 July:** Al-Hijra / Muharram (First day of Islamic calendar)
- 28 July:** Waqf al Arafa (Holiest day of Islamic calendar)





Photo: <https://www.un.org/en/observances/humanitarian-day>



AUGUST 2023

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WORLD HUMANITARIAN DAY – 19 AUGUST

This day honours humanitarian aid workers all over the world. Established by the UN in 2009, this day commemorates the anniversary of the bombing of the United Nations headquarters in Iraq where 22 people lost their lives, including the UN’s High Commissioner for Human Rights.

SOME KEY DATES

- 9 Aug:** International Day of the World’s Indigenous People
- 11 Aug:** Tisha B’Av (Jewish day of mourning)
- 19 Aug:** World Humanitarian Day
- 23 Aug:** International Day of Remembrance of the Slave Trade and its Abolition
- 26 Aug:** Women’s Equality Day

World Humanitarian Day

Photo: <https://www.un.org/en/observances/humanitarian-day>





Photo: Freepik.com



SEPTEMBER 2023

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SOME KEY DATES

- 10 Sept:** World Suicide prevention Day
- 15-17 Sept:** Rosh HaShanah (Jewish New Year)
- 16 Sept:** Bisexual Awareness Week
- 20 Sept:** HeForShe
- 21 Sept:** International Day of Peace
- 23 Sept:** Celebrate Bisexuality Day
- 24-25 Sept:** Yom Kippur (Jewish Day of Atonement)
- 25-29 Sept:** National Inclusion Week
- 26 Sept:** European Day of Languages

NATIONAL INCLUSION WEEK – 25-29 SEPTEMBER

National Inclusion Week Inclusion Week is designed to celebrate everyday inclusion in all its forms!

Sharing, promoting and inspiring inclusive practices and culture.



Photo: <https://www.nhsemployers.org/articles/tackling-menopause-taboo-workplace>

OCTOBER 2023

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SOME KEY DATES

- 1-31 Oct:** Black History Month
- 1-31 Oct:** ADHD Awareness Month
- 1-31 Oct:** Global Diversity Awareness Month
- 2-6 Oct:** Dyslexia Awareness Week
- 10 Oct:** World Mental Health Awareness Day
- 11 Oct:** National Coming Out Day
- 12 Oct:** World Sight Day
- 18 Oct:** World Menopause Day
International Pronoun Day
- 20 Oct:** Diwali
- 23 Oct:** Asexual Awareness Week
- 26 Oct:** Intersex Awareness Day

BLACK HISTORY MONTH

Black History Month has been celebrated for nearly 40 years in the month of October.

Originally founded to recognise the contributions that people of African and Caribbean backgrounds have made to this country over many generations, it now also includes the history and contributions to the UK of Asian people too.

The BME Staff Network has been running for nearly ten years at YAS, find on more about the network on [Pulse](#).





NOVEMBER 2023

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SOME KEY DATES

- 11 Nov:** Armistice Day
- 12 Nov:** Remembrance Sunday
- 13-17 Nov:** Anti-Bullying Week
Inter Faith Week
- 16 Nov:** International Day for Tolerance
- 20 Nov:** Transgender Day of Remembrance
- 22 Nov:** UK Disability Awareness Month
- 30 Nov:** St Andrew's Day (Scotland)

TRANSGENDER DAY OF REMEMBRANCE (TDOR)

20 NOVEMBER

This is an annual observance that honours the memory of the transgender people whose lives were lost in acts of anti-transgender violence.





Photo: Freepik.com



WORLD AIDS DAY

Over 105,000 people are living with HIV in the UK.

World AIDS Day is important because it reminds the public and government that HIV has not gone away – there is still a vital need to raise money, increase awareness, fight prejudice and improve education.

DECEMBER 2023

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SOME KEY DATES

- 1 Dec:** World AIDs Day
- 3 Dec:** International Day of Persons with Disabilities
- 7 Dec:** Hanukkah Begins (Jewish Festival of Light)
- 10 Dec:** Human Rights Day
- 22 Dec:** Winter Solstice/Yule
- 25 Dec:** Christmas Day (Christian)



Photo: Freepik.com